What Allyship Looks Like

"We are not acting out of guilt, but rather out of responsibility"

"We actively acknowledge our privileges and openly discuss them"

"We embrace the emotions that come out of the process of allyship"

"Our needs are secondary to the people we seek to work with"

"We build our capacity to receive criticism"

"We listen more, and speak less"

"We do not expect to be educated by others"

"We do not expect awards or special recognition"