

Trauma-Informed Organizational Self-Assessment

Please complete the assessment, reading each item and rating from strongly disagree to strongly agree based on your experience in the organization over the last year. Use your initial impression: **Remember you are evaluating the agency not your individual performance.**

Agency/Program: _____

Today's' Date: _____

Name of Staff (optional): _____

I. Supporting Staff Development

A. Training and Education	Strongly Disagree	Disagree	Agree	Strongly Agree	Do Not Know	Not applicable to my role.
Staff at all levels of the program receive training and education on the following topics:						
1	What traumatic stress is.					
2	How traumatic stress affects the brain and body.					
3	The relationship between mental health and trauma.					
4	The relationship between substance use and trauma.					
5	The relationship between homelessness and trauma.					
6	How trauma affects a child's development.					
7	How trauma affects a child's attachment to his/her caregivers.					
8	The relationship between childhood trauma and adult re-victimization (e.g. domestic violence, sexual assault).					
9	Different cultural issues (e.g. different cultural practices, beliefs, rituals).					
10	Cultural differences in how people understand and respond to trauma.					
11	How working with trauma survivors impacts staff.					
12	How to help consumers identify triggers (i.e. reminders of dangerous or frightening things that have happened in the past)					
13	How to help consumers manage their feelings (e.g. helplessness, rage, sadness, terror)					
14	De-escalation strategies (i.e. ways to help people to calm down before reaching the point of crisis)					
15	How to develop safety and crisis prevention plans.					
16	What is asked in the intake assessment.					
17	How to establish and maintain healthy professional boundaries.					